



# COUNTY OF SAN DIEGO HEALTH & HUMAN SERVICES AGENCY

**Our Vision:** Safe, healthy and thriving communities.  
**Our Mission:** Make people's lives safer, healthier and self-sufficient by managing essential services.  
*North Central Region*



## ADMINISTRATION

### North Central Regional Center

8965 Balboa Avenue  
San Diego, CA 92123  
(858) 616-5996

North Central HHSA Administration oversees Child Welfare Services, Family Resource Centers, the Public Health Center and other administrative functions in the North Central Region, as well as the Agency-wide program California Children Services.

## CHILD WELFARE SERVICES

### North Central CWS

6950 Levant Street  
San Diego, CA 92111  
(858) 694-5129

### Child Abuse Hotline 1 (800) 344-6000

Adoptions 1 (877) I Adopt U (423-6788)  
Foster Home Licensing 1 (877) 792-KIDS (792-5437)

Child Welfare Services (CWS) delivers culturally competent, family-centered and child-focused child protective services. CWS investigates reports of suspected child abuse and neglect, and intervenes with families who do not meet minimum community standards of health and safety.

## EMPLOYMENT SERVICES

### Catholic Charities

9535 Kearny Villa Road, Suites 101-103  
San Diego, CA 92126  
(858) 547-3630, ext. 126

Employment services in this region are contracted to Catholic Charities and include assistance with job placement, work interview skills, child-care, transportation, housing, and other work related supportive services for welfare participants in the CalWORKs Welfare to Work Program.

## FAMILY RESOURCE CENTERS

### N. Central Kearny Mesa FRC

5201 Ruffin Road, Suite K  
San Diego, CA 92123  
(858) 565-5598

### N. Central Mission Valley FRC

7947 Mission Center Court  
San Diego, CA 92108  
(619) 767-5206

Family Resource Centers assist County residents seeking financial public assistance or medical insurance coverage, such as Food Stamp and Medi-Cal programs. Clients are required to meet specific eligibility requirements determined by the state. Refugee benefits are also available at Kearny Mesa FRC.

## PUBLIC HEALTH CENTERS

### North Central PHC

2440 Grand Avenue  
San Diego, CA 92109  
(858) 490-4400

The Public Health Center provides and facilitates access to preventive health services & information. Services include Public Health Nurse home visits with emphasis on communicable disease control and maternal child health, particularly for high-risk families and individuals.

- **Clinic Services by Appointment:** Child Health and Youth Clinic, Chest X-Rays, Pregnancy Testing, and Tuberculosis Treatment.
- **Walk-In Services** (call for schedule): HIV, Child Health and Youth Clinic, Pregnancy and TB Testing, and Immunizations.

## ADDITIONAL PROGRAMS & SERVICES

### ADULT MENTAL HEALTH SERVICES

N. Central Mental Health Center: (619) 692-8750  
Access & Crisis Line: 1 (800) 479-3339

### AGING AND INDEPENDENCE SERVICES (AIS)

General Services and Adult Protective Services  
Reporting: 1 (800) 510-2020

### ALCOHOL & DRUG SERVICES

(619) 584-5007

### CALIFORNIA CHILDREN SERVICES

For referral forms & info call (619) 528-4000

### CHILDREN'S MENTAL HEALTH

Access & Crisis Line: 1 (800) 479-3339

### COUNTY SERVICES INFO LINE

211

### HUMAN RESOURCES

(619) 236-2191  
Toll Free: 1 (866) 880-9374

### IMMUNIZATIONS

Flu Shots (Sept – Mar):  
Toll Free: (866) 358-2966 (recorded msg)  
Baby Shots Line – Toll Free: 1 (888) 692-2575

### SAN DIEGO KIDS HEALTH ASSURANCE NETWORK

1 (800) 675-2229

**HHSA Web Site:** <http://www.sdcounty.ca.gov/hhsa>